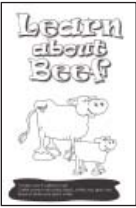




# Educational Materials

(Free to Colorado Residents)

April 2011



## Learn About Beef

K-2 grade  
Activity & coloring booklet about cattle and beef

Quantity \_\_\_\_\_



## Things We Can Learn from a Cow & A Worm

5-6 grade  
Poster demonstrating the positive recycling role cattle play in our environment.

Guide and activities on back of poster.

Poster Qty \_\_\_\_\_

Reading/Writing 1,2,3,4,5  
Science 3.1,3.2,5

Geography 5.3



## MyPyramid & MyPyramid for Kids

USDA graphic in tear pad (100 sheets/tear pad) and poster formats for different age groups.

Quantity \_\_\_\_\_ (Adult tear pad)

Quantity \_\_\_\_\_ (Kids tear pad)

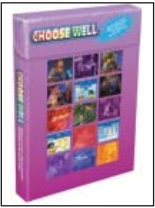
Quantity \_\_\_\_\_ (English poster)

Quantity \_\_\_\_\_ (Spanish poster)

Quantity \_\_\_\_\_ (Kids poster)

Quantity \_\_\_\_\_ (Preschoolers poster)

Quantity \_\_\_\_\_ (For Moms poster)



## Choose Well

4-5 grade  
Video kit & activities to supplement math curriculum focusing on nutrient rich foods & portions.

Quantity \_\_\_\_\_

Science 1,2,3.3

Reading/Writing 1  
Math 1,2,3,5



## Wow that Cow

All ages  
Brochure about contributions cattle make to our daily lives.

Quantity \_\_\_\_\_



## Power Up Bookmark

Bookmark with two word games and ZIP nutrition information.

Quantity \_\_\_\_\_



## Basics about Beef

Jr/Sr High School  
24-page booklet with info on buying, storing, preparing and serving beef.

Quantity \_\_\_\_\_



## Celebrate America

4-5 grade  
Video kit to supplement social studies curriculum using the Statue of Liberty and food/culture.

Quantity \_\_\_\_\_

Reading/Writing 1,2,3,4,5  
Science 3.1

Visual Arts 1

Geography 2.1,4.2

History 3.1

Math 2

Physical Education 3



## Power Up with Lean Beef!

16 page/5 recipes & activities  
This brochure for kids includes recipes, nutrition information and fun activities.

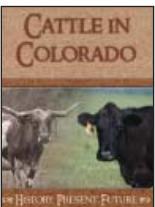
Quantity \_\_\_\_\_



## Retail Cuts of Beef

8.5 x 11 sheet that pictures the retail cuts of beef.

Quantity \_\_\_\_\_



## Cattle in Colorado History-Curriculum

3-5 grade  
24-page student book about how cattle helped shape Colorado's history.

Order a classroom set & teacher's guide.

Quantity \_\_\_\_\_

Reading/Writing 1,3,4  
History 1.1,1.2,1.3,3.1,4.1

Geography 6

Math 1,3,5,6



## Family Mealtimes kit

Parents & Families  
Kit featuring four power-point presentations and a variety of tip sheets encouraging family mealtimes and including conversations starters and recipes.

Quantity \_\_\_\_\_



To order these FREE materials contact the Colorado Beef Council at 303/830-7892 or julie@cobeeff.com