

RECIPES & FOOD SAFETY MATERIALS

(Free to Colorado Residents)

February 2010



Beef. So Many Options
All-purpose brochure with lean cuts of beef, portion sizes, choices of beef, safety and environment information with one recipe.

Quantity _____



National Beef Cookoff Recipes
32 page/16 recipes
Brochure with the 2009 Prize winning recipes.

Quantity _____



Retail Cuts of Beef
8 1/2 x 11 sheet that pictures the retail cuts of beef.

Quantity _____



Complete Take on Steak
24 page/3 recipes
Recipes for marinades & rubs, grilling, cooking timetables and much more.

Quantity _____



Power Up with Lean Beef!
16 page/5 recipes & activities
This brochure for kids includes recipes, nutrition information and fun activities.

Quantity _____



Plating It Safe
Brochure with food safety checklists, cooking timetable and cooking instructions for safe hamburger cooking.

Quantity _____



Confident Cooking with Beef
36 page/8 recipes
Basic brochure about buying, storing, cooking and nutrition of beef.

Quantity _____



The Healthy Beef Cookbook—brochures
Folded brochure/2 recipes
Five different brochures with recipes from The

Healthy Beef Cookbook, these brochures also include nutrition information and a cookbook order form.

Salads: Quantity _____
One-Dish Meals: Quantity _____
Stews & Chilis: Quantity _____
Entertaining: Quantity _____
Family-Pleasing Meals: Quantity _____



A Safety Measure: Food Irradiation
Two-sided sheet on irradiation and beef.

Quantity _____



Convenient & Healthy Ground Beef Recipes
Folded brochure/4 recipes
Brochure with ground beef nutrition, cooking instructions, food safety & storage tips as well as recipes.

Quantity _____



FightBAC! Four Simple Steps to Food Safety
Brochure outlining the four basic steps of food safety.

Quantity _____



Holiday Roast Brochures
Seasonal brochure with holiday recipes.

Quantity _____



TO ORDER THESE FREE MATERIALS CONTACT THE COLORADO BEEF COUNCIL AT 303/830-7892 OR JULIE@COBEEF.COM